

JUST CHECKING! MEDICAL CASE MANAGEMENT PROGRAM

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THE DEPARTMENT OF ELDER AFFAIRS

JUST CHECKING! Medical Case Management Initial Comprehensive Assessment

Date(s) of Interview: 5/1/05

Referral Source: Community

CLIENT NAME: Clara Fernandez
Street Address: 11920 Sunset Blvd.
City: West Palm Beach
Phone: 561-793-9467

State: Florida

DOB # 11/8/17
Zip Code: 33411

PSYCHOSOCIAL HISTORY: *[Describe in detail client's occupation, education, interest, major life adjustment, strengths, and family life / relationship]*

Mrs. Fernandez is an 87-year-old Hispanic married female born in Cuba. The client was raised in Cuba until age 45 then moved to Florida under the Fidel Castro regime. According to her son Adalberto, the client and her family left Cuba due to political and financial reasons. She arrived in the United States established her home in Key West Florida her spouse arrived later due to restrictions in Cuba and then joined her in Florida. Her spouse Adalberto (AJ) was a physician in Cuba and arriving in the US became licensed to practice in the states he worked as the medical examiner. They have two sons Adalberto, resides in Palm Beach County and Raul (Ray) resides in Key West.

CURRENT MEDICAL STATUS: *[Document current medical conditions of client; include medications/regime]*

Medical history for hypertension, gastric disturbances, insomnia. Health event occurred November 2004 cerebral hemorrhage resulting in hospitalization and rehabilitations treatment.

Current medications

Ambien 5mg @HS, Protonix 40mg@HS, Potassium CL 20 MEQ, Norvasc .5mg OD@ HS, Tosemide 20 mg in AM/OD, Ativan 1mg. PRN, Caltrate 600 pluse.

MENTAL STATUS EXAMINATION: *[Screen for mood, anxiety, cognition, mental and substance - related disorders. If indicated, assess for suicidology. Briefly describe affect, orientation, judgment, memory, insight, thoughts, and perceptions. Use mini mental status exam as indicated. State significant prior mental health history among the clients and client's biological family.]*

Client presents as alert orientated to person recognizes her name able to recall her children's names, Adalberto and Raul. When questioned regarding her spouse she believed he was deceased. She was able to provide a partial social history of her life in the small town she was born. As well as the reasons why she came to the United States under Castro regime. The client did express there are many problems with the family and did not wish to explore. she did relate it saddens her. She is aware she is living with her son in his home in Palm Beach unsure of the address. The client reports she is happy to be living with her son "he's a good boy" and makes sure she is cared for. The client was cooperative and pleasant engaging with workers upon interview. The client was having some difficulty with word finding and reverting in her native language during the interview. When worker encouraged her to speak in English, she reports she is having more difficulty with converting the language. The client was unable to recall in sequence the past several months of medical events, aware she is in need of assistance. At this time, she has little insight and judgment regarding her medical condition relies on her son and paid caregiver for her care needs. Denies mental health history. She presents with no delusions, hallucinations or illusions. She verbalizes no suicide/ homicide ideations. Client reports no alcohol or substance abuse.

ACTIVITIES OF DAILY LIVINUG:

The client presents herself an appropriate groomed female, coordinating cloths and hair cleaned and styled. She was able to demonstrate to worker transferring skills from the seated positions to standing up from the couch to her rolling walker, she required some physical assistance. Once up she required cueing for direction with the walker. She has a bedside commode in her room placed by the bed. She utilizes the commode at night occasionally will use the bathroom. She displays occasional incontinence of bladder

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and bowel her caregiver/ son utilize adult briefs. There are safety bars and seat in the shower the client requires set up and supervision with bathing. The client requires food preparation, set up and she was able to feed herself, slightly above ideal body weight. The client has adequate informal and formal support systems in place.

CLINICAL FEATURES: *[Include features that may indicate clinical and/or personality disorders, or that will be a focus of clinical attention. Include any potential risk factors, among the client AND the client's family, such as prior or current abuse, domestic violence, addiction, access to weapons, contacts with the juvenile justice system, psychiatric hospitalizations, employment/financial crises, etc.]*

According to the informant, her son prior to November 2004 the client had been dealing with financial and legal issues within the family unit. On November 17, the client suffered a fall resulting in a cerebral hemorrhage. She was hospitalized in the Florida Keys and later transferred to Miami for continuous acute care. Upon discharge, she was transferred to a rehabilitation center for physical therapy. Since November 2004, the client has had four hospitalizations and four rehabilitations centers. With transfers for one setting to another often an increase, cognitive deficits and decrease in functional ability can arise. The client was discharged to her son's home where she has been the past month in a half. Her son has a consistent full time paid live in caregiver for her. Adalberto her son related the client is starting to adjust with a maintained schedule and a reliable caregiver in the home rather than a rehabilitation placement center.

SUMMARY AND RECOMMENDATIONS: *[Summarize client's current situation and provide initial recommendations supporting the client's independence and well-being.]*

Mrs. Fernandez is an 87-year-old married female who resides with her son his private home. Her son has a paid caregiver for her needs as is employed full time at a local medical center in Palm Beach. He does provide care-giving needs on the weekend for staff relief to his mother. Currently this social model regime has presented the client with stability and consistency for her care needs. Referral information provided for linkage of service and support systems for Mrs. Fernandez needs and for caregiver stressors.

1. Information explore with the client son regarding Adult Day Care for additional socialization.
2. Refer family members to the educational support groups in community regarding the disease process.
3. Encouraged completion with the Palm Trans application for additional transportation support.
4. Provide emotional support to the caregiver and encourage him to explore other activities of self-interest and attend a Family/ Caregiver support group.


Roberta Matranga B.A. Administrative Coordinator
Case Manager Signature


Date